



PROGRAM	8 DAYS/7 NIGHTS HELSINKI-STOCKHOLM
PERIOD	SPRING, SUMMER, AUTUMN 1.4.-30.10.
PARTICIPANTS	10-30 PAX

WELCOME TO NORDIC CAPITALS

Helsinki is the largest city in Finland and the metropolitan area is the home of 1.4 million people. When you look at a map, Helsinki is in the northernmost corner of the Europe, but it is an easy hub to reach with fast flight connections from East to West. No flight? No problem. Helsinki can be reached from Estonia and Sweden via the Baltic Sea. In fact, the sea is one of the most characterizing elements of the city. The Helsinki Archipelago consists of over 300 mesmerizing islands.

Stockholm is the capital of Sweden, financial, administrative and royal center. Stockholm is a combination of new and old, trends and traditions. Stockholm is often one step ahead of Finland and Helsinki when it comes to fashion, restaurant trends and urban culture. Stockholm is especially rewarding for lovers of good food and shopping and there are a few world-class wonders among Stockholm's attractions.

Time zone:	UTC +2.00 Helsinki, UTC +1 Stockholm
Currency:	Euro (€) Helsinki, SEK Swedish krona
Average temperature:	APR +4 MAY +14 JUN +18 JUL +20 AUG +19 SEP +16 OCT +6
Main Airport:	Helsinki HEL, Stockholm ARN

DAY 1 ARRIVAL HELSINKI (D)

Welcome to Helsinki – the capital of Finland! Meet & greet at the airport, private transfer to the city and guided city tour on the way. Learn about the legacy from the Swedish and Russian periods of rule and marvel at the eclectic mix of architecture in a city dotted at every turn with beautiful parks and stunning Baltic Sea shoreline. Main attractions: Historical Senate Square, - Helsinki Lutheran (external visit) and Uspensky Orthodox Cathedrals Market Square, Esplanade Park, Central Railway Station, designed by Architect Eliel Saarinen, the unique Rock Church embedded inside a granite rock (subject to availability) Oodi Public Library and Sibelius Park and Monument. After city tour, check-in to your hotel and welcome dinner at the hotel.

Hotel example: Scandic Grand Central Helsinki **** or similar

A unique hotel offering first-class experiences in the best location in the centre of Helsinki. The decor of timeless elegance and the classic style of the beautiful Art Nouveau building, combined with the hotel's relaxed atmosphere, guarantee a pleasant stay.

Oy Kon-Tiki Tours Ltd | TEL. +358 (0)9 466 300 | VAT 1589024-5 | info@kontikifinland.com | www.kontikifinland.com

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Lönnrotinkatu 40 C 1
00180 Helsinki

Linnankatu 13 A 17
20100 Turku

Rovakatu 17
96100 Rovaniemi





DAY 2 THE DAY OF FINNISH ARTS (B+L+D)

Breakfast at the hotel. Today we spend time with Finnish art culture with private guide by walking.

Fying Cinema: Introduction to Finland & Helsinki (duration 12 min)

Learn about the legacy from the Swedish and Russian periods of rule and marvel at the eclectic mix of architecture in a city dotted at every turn with beautiful parks and stunning Baltic Sea shoreline. Main attractions: Historical Senate Square, - Helsinki Lutheran (external visit) and Uspensky Orthodox Cathedrals Market Square, Esplanade Park, Central Railway Station, designed by Architect Eliel Saarinen, the unique Rock Church embedded inside a granite rock (subject to availability) Oodi Public Library and Sibelius Park and Monument. Duration 12 min.

Ateneum Art Museum (duration 2 h)

The Ateneum Art Museum boast Finland's oldest and largest collection of art. It not only tells the story of Finnish art, but also shows the formation of Finnish art and its institutions. Museum has the largest collection of paintings (more than 4300) and sculptures (more than 750) in Finland. The collection presents the development of Finnish art from 18th-centure Rococo portraiture to 20th-century experimental movements. The earliest paintings include portraits from the Romantic era and landscapes of the Düsseldorf School. The collection also features Parisian influences from the end of the 19th century, the beginning of realism, symbolism, and the fines paintings of the golden age of Finnish art. These trends usher us into the beginning of the 20th century, when the wzpressive scope of Finnish art expanded. Finnish expressionism, impressionism, cubism and surrealism reflect international influences.

Lunch at the local restaurant.

Design Museum (duration 2 h)

The Design Museum's collection is extensive and versatile, and they shed light on the history and evolution of industrial arts in Finland. The collection includes 75000 objects, 45000 drawings and 125000 images with a data bank containing information on over 1000 designers. The collection also incorporates the collection of the Arabia Museum, Iittala Glass Museum, Nuutajärvi Glass Museum and the Hackman-Sorsakoski's collection. The exhibits are showcased in the museum's permanent exhibition, changing exhibitions and travelling exhibitions.

Optional visit in Amos Rex

The Amos Rex is temporary exhibition show room in Lasipalatsi building, in the heart of the city center. If you wish, you could visit Amos Rex and enjoy the exhibition on offer.

Dinner at the local/hotel restaurant.

DAY 3 ARCHIPELAGO, SUOMENLINNA AND SAUNA EXPERIENCE (B+L+D)

Breakfast at the hotel. Today we to get know to Helsinki arghipelago by boat.

Suomenlinna Fortress

Finland's UNESCO World Heritage Site, the historic sea fortress that played part in the coastal defense of Finland. Once we dock the boat you will get to explore the insides of the fortress and enjoy the beautiful hillside sea views of Helsinki's coastline. The island offers cafés and souvenir shops and some might even want to pop inside the Suomenlinna-museum. We will show you the lighthouse church and the WW2 submarine stationed on the island. After exploring the island we will climb back on board our boat to cruise and check out the panoramic view of the city center along with other coastal sights such as churches, market squares, and neighboring islands. Lunch break during the visit in the local restaurant.

In the afternoon/evening **Löyly sauna 2 hours experience**

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Löyly is a public sauna and restaurant complex in Hernesaari district on the southern tip of Helsinki. The complex includes a traditional Finnish smoke sauna and two other wood-heated saunas, a year-round terrace and a restaurant. The saunas offer direct access to the outdoor seating area and the sea, where it is possible to enjoy a refreshing swim, all year round. There are separate changing rooms and shower facilities for men and women but as the saunas and other public areas are mixed, it means that customers are respectfully asked to always wear swimming costumes. Sauna is not private. Included 2-hours sauna, towel, peflet, shampoo and shower soap and return transfers from/to hotel.

Dinner at the local/hotel restaurant.

DAY 4 FAZER EXPERIENCE AND FLIGHT TO STOCKHOLM (B+L+D)

After breakfast and check-out the transfer to Fazer Visitor Center.

Fazer Experience Center

The Fazer Experience visitor Centre has been welcoming visitors to Fazerila in Vantaa since 2016, as a valuable continuation of Fazer's decades-long visitor activity. The centre provides you with a more memorable and educational visiting experience, Fazer's activities, its extensive product selection, as well as its long history, corporate responsibility and innovations. Interesting themes are tied together with the unique architecture, turning the visiting experience into something fresh and different. After the guided tour, the group will have a special chocolate event. Where they let their inner artist free and allow your imagination to run wild during one of the chocolate "jazzing up" sessions. The activity consists of each participant decorating Karl Fazer 200g chocolate tablet with sweets, dried fruit and nuts. Wrap the finished work of art in beautiful package and bring them back home.

Lunch at Fazer Experience Centre before to Helsinki-Vantaa airport and 1 hour flight to Stockholm. Meet & greet at the Arlanda airport, transfer to your hotel in Stockholm. Dinner at the hotel.

Hotel example in Stockholm: Grand Central by Scandic ** or similar**

Along with the Vasa Theatre, this is a one-of-a-kind hotel with 391 rooms, concerts, shows, restaurants and bars in a central city location. In one of the most urban parts of Stockholm, where city life continues around the clock, you'll find a little piece of New York. Feel the history in the walls of this grand building from 1885, which draws its inspiration from the theatres and stages of this culture-rich area. This is a natural hub for events and functions.

DAY 5 ROYAL STOCKHOLM & HISTORY (B+L)

Breakfast at the hotel. Today you learn about Swedish history, royalty and culture on a guided tour. Stockholm is called the Nordic's Venice. The city is built on 14 islands, where every corner has something unique to tell. Guided walking tour takes the group to the narrow streets of the old town to see how Swedish has lived in history and how the royal family effects everyone lives, even today. Lunch break during the day at the local restaurant.

Royal Palace

The Royal Palace of Stockholm is His Majesty The King's official residence and is also the setting for most of the monarchy's official receptions. Much of the palace is open to the public year round. The palace is built in baroque style by the architect Nicodemus Tessin and is formed as a Roman palace. The palace has more than 600 rooms divided between eleven floors with a state apartment facing the city and smaller living rooms facing the inner courtyard. The palace contains many interesting things to see. In addition to the Royal Apartments there are three museums steeped in regal history: the Treasury with the regalia, the Tre Kronor Museum that portrays the palace's medieval history and Gustav III's Museum of Antiquities*. The palace also houses the Royal Chapel. The changing of the guard and the Royal Gift Shop are particularly popular with visitors.



Just five minutes walk from the Royal Palace, you will find the Riddarholmen Church – the royal burial church.

Optional visit: Hallwyl Museum (duration 2h)

Welcome to the Hallwyl Palace, which was originally the winter residence of the von Hallwyls, as well as an office for the family business and a space for Wilhelmina's collection of antiques. The commission to design the building at Hamngatan 4 went to architect Isak Gustaf Clason. Construction began in 1893 and the house was completed in 1898. The facade and furnishings are done in historical styles. The exterior of the house is inspired by Spanish and Italian Renaissance buildings. The interior is a mixture of 16th and 18th century styles. Wilhelmina von Hallwyl spent a lot of time decorating her new home with antiques. She put even more energy into cataloging all the objects in the house. In the house, her "catalog staff" worked to carefully describe and document everyday objects as well as antiques. The von Hallwyls donated the house at Hamngatan 4 to the Swedish state in 1920, but they lived there until their death. Walther died in 1921 and Wilhelmina in 1930. The Hallwyl museum was opened to the public as early as 1938. Today the museum is part of the Statens Historiska Museums authority. Hallwyl museum is a private palace from the turn of the century 1900. The house was inhabited until 1930 and since then has been a state museum which is now part of the authority "Statens historiska museer".

Dinner with your own arrangement or arranged by us at the local restaurant.

DAY 6 ABBA MUSEUM and STOCKHOLM BY BOAT (B+L)

The breakfast at the hotel. Transfer to the Skansen.

Abba museum (duration 2 h)

ABBA is one of the most successful pop groups of all time, having sold more than 380 million albums. At ABBA The Museum you can experience the band's history, while taking part in it too by trying on virtual ABBA stage costumes, singing in the Polar Studio or mixing original music. You can also get up on stage with ABBA avatars and become the fifth member of ABBA. Enhance your museum experience with the museum's unique Audioguide, featuring Agnetha, Benny, Björn and Frida narrating stories from their career. The latest addition to the museum is "Arrival The Experience", a virtual helicopter ride from ABBA The Museum out to the island of Viggso in the Stockholm archipelago, where all the music magic started! Group is going to get a personalized guided tour at the museum. And there is also extra time for the group to discover the museum by themselves. Walk In. Dance Out.

Stockholm lunch cruise (duration 3h)

Welcome to a unique lunch cruise with start and end in Stockholm city. During 3 hours lunch cruise you will see a part of the world's biggest archipelago, with their 30 000 islands. With large windows and a magnificent lake view, together with the high ceiling, you can hardly believe that you are on board a ship.

Evening free and dinner arrangement on your own or arranged at the local restaurant.

DAY 7 DAY FREE - SWEDISH DELICATESS AND SHOPPING (B)

The breakfast at the hotel. Free time for your own experiences.

Stockholm have great opportunities for shopping and testing Swedish delicacies. You can find everything from malls and big department stores to retail chains and independent boutique. Saturday and Sunday are market days in most cities, and Stockholm is no exception. Whether vintage, jewelry or locally sourced food is your thing there is a market for you. Vintage, second-hand, or in-shop clothes repair. Swedish fashion and design are at the forefront of the sustainable revolution. Swedish krona is slightly cheaper currency compared to the euro.

**DAY 8 FAREWELL TO NORDICS (B)**

Breakfast at the hotel. Free time before transfer to the Arlanda airport.

****END OF TOUR****

B=Breakfast | L=Lunch | D=Dinner

ESTIMATED TOUR PRICE / PERSON / IN DBL ROOM:

10 PAX	2115 €/PAX
20 PAX	1895 €/PAX
30 PAX	1820 €/PAX

PRICE INCLUDES:

- 3 nights in Helsinki
- 4 nights in Stockholm
- Transfers as mentioned in Program
- Excursions mentioned in Program
- Entrance fees to visits mentioned in Program
- Meals: breakfasts at the hotels, 5 lunches, 4 dinners at the local restaurants
- Taxes and mandatory service charges

EXCLUSIONS:

- Personal expenses such as other meals, drinks, tips and gratuities, shopping, portage fees and optional tours/ visits, unless otherwise stated.
- Any domestic / international airline tickets, airport taxes, visa fees
- Any accommodation expenses of a personal nature, such as mini-bar consumption, laundry, room service, any telephone or other communication costs
- International travel and medical insurance coverage for customers.

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